

In vitro Evaluation of the Permeation of Cytotoxic Drugs through Reconstructed Human Epidermis and Oral Epithelium

In vitro hodnocení prostupnosti cytotoxických léčiv přes rekonstruovanou lidskou epidermis a ústní epitel

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Summary

Backgrounds: Occupational exposure to antineoplastic agents may represent a risk to health care workers, although the relevance of different exposure routes is not fully understood. The objectives of this study were to determine *in vitro* permeation of four widely used cytotoxic drugs (cisplatin, cyclophosphamide, doxorubicin, and fluorouracil) through two reconstituted tissue models representing human skin epidermis and oral mucosa. **Materials and Methods:** Experiments were conducted with reconstructed models of human epidermis and oral epithelium, cultured in a chemically-defined medium under conditions simulating possible exposure scenarios (6 h duration, three concentrations corresponding to commonly used application doses). The amounts of drugs permeated through the tissues into the receptor media were determined using ultra performance liquid chromatography with photospectrometric detection. **Results:** The highest epidermis permeations ($P = 0.2 \times 10^{-3} - 1.5 \times 10^{-3} \text{ cm.h}^{-1}$) were observed with three polar drugs (cisplatin, cyclophosphamide and fluorouracil), while permeation by more hydrophobic doxorubicin was minor ($P_{\text{max}} = 0.03 \times 10^{-3} \text{ cm.h}^{-1}$). As expected, more pronounced tissue permeation was observed with the reconstructed oral epithelium having the maximum permeability coefficient ($P = 180 \times 10^{-3} \text{ cm.h}^{-1}$) for cisplatin and fluorouracil. Histological evaluation of the exposed tissues revealed cytotoxic effects at higher doses, especially for oral epithelium. **Conclusion:** Although the skin epidermis with keratinised stratum corneum provided relatively good protection, uptake (of at least some investigated drugs) via both types of tissue should not be underestimated. Our results provide basic experimental data on the skin and oral epithelia permeation for further modelling of exposure and health risk assessment.

Key words

absorption – *in vitro* – epidermis – oral mucosa – antineoplastic agents – occupational exposure

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Autoři deklarují, že v souvislosti s předmětem studie nemají žádné komerční zájmy.

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Souhrn

Východiska: Ačkoli je známo, že profesní expozice cytotoxickým léčivům může mít za následek negativní ovlivnění zdravotního stavu zdravotnického personálu, způsob příjmu těchto látek dosud nebyl dostatečně objasněn. Hlavním cílem této studie bylo stanovit propustnost čtyř často užívaných cytostatik (cisplatiny, cyklofosfamid, doxorubicinu a fluorouracilu) přes epidermis a orální epitel. **Materiál a metody:** Experimenty byly provedeny s rekonstruovanými modely uvedených tkání a za podmínek napodobujících reálné expoziční situace (doba trvání 6 hod., tři koncentrace odpovídající manipulovaným roztokům). Množství léčiv, které prostoupilo zkoušenými tkáněmi do receptorového media, bylo stanovováno pomocí ultra účinné kapalinové chromatografie s fotospektrometrickou detekcí. **Výsledky:** Nejvyšší propustnost epidermu ($P = 0,2 \times 10^{-3} - 1,5 \times 10^{-3} \text{ cm.h}^{-1}$) byla sledována u tří nejvíce polárních léčiv (cisplatina, cyklofosfamid, fluorouracil). Propustnost epidermu pro více hydrofobní doxorubicin byla zřetelně nižší ($P_{\text{max}} = 0,03 \times 10^{-3} \text{ cm.h}^{-1}$). Pro ústní epitel byla dle očekávání zjištěna mnohem vyšší propustnost než u epidermu s maximálními hodnotami naměřenými u cisplatiny a fluorouracilu ($P = 180 \times 10^{-3} \text{ cm.h}^{-1}$). Histologické vyšetření exponovaných tkání objevilo především u orálního epitelu četné cytotoxické efekty. **Závěr:** Ačkoliv u epidermu krytého keratinózní vrstvou (stratum corneum) byla zjištěna relativně nízká propustnost a citlivost k toxickému působení, absorpci cytostatik nelze vyloučit ani u jednoho typu hodnocených tkání. Získané výsledky představují výchozí informace pro další práce zabývající se modelováním profesních expozic a hodnocením zdravotních rizik.

Klíčová slova

absorpce – *in vitro* – epidermis – ústní sliznice – cytostatika – profesní expozice

Introduction

Health risks resulting from the occupational exposures to antineoplastic drugs with mutagenic, carcinogenic and teratogenic potencies were discussed and documented in numerous studies [1–7]. Correspondingly, detectable concentrations of cytotoxic drugs were reported from hospital samples including air [8–10], various working surfaces and floors [8,11–15] as well as other materials such as cloths, linens, external packages of the drugs etc. [15–17]. All these types of contamination may represent an exposure for health care workers including pharmacists, physicians, nurses and sanitary staff [10,13,18] which was repeatedly confirmed by biological monitoring of some cytotoxic drugs such as cyclophosphamide and fluorouracil and/or their metabolites in urine of hospital workers [9,19–22].

Respiration of the contaminated air is one of the exposure routes but sampling and analyses of the air may be complicated and require highly sensitive analytical methods. Available studies reported that air contamination by cytotoxic drugs is not common, although relatively high concentrations may be detected (concentration of airborne cyclophosphamide in the drug preparation areas reached up to $10\text{--}13 \mu\text{g.m}^{-3}$ [8,10]).

Another major exposure route stems from the surface contamination. Compounds may be transferred to workers and taken up directly via skin or indi-

rectly via secondarily contaminated food and other unintentional hand-to-mouth contact [23]. Dermal exposure can not be ruled out even when the workers use personal protective equipment like gowns and gloves, since their resistance to permeation of cytotoxic drugs was shown to be limited [24–26]. Several studies highlighted the dermal contact as the main exposure route for cytotoxic drugs [10,13,21,27].

Interestingly, there is only scarce information on the potencies of cytotoxic drugs to permeate skin, which is an important barrier for foreign chemical agents [28]. Nowadays, percutaneous permeation assays may help understand efficiency of topical administration and similar assays were also used in the studies of toxic chemicals [29–31].

The permeation of the skin and epithelial tissues can be studied by different approaches including *in vivo* experiments with laboratory animals [32] or freshly excised skin [33]. Assays with reconstructed tissues cultured *in vitro* have also been used [34]. Reconstructed tissues consist of normal human cells cultured on an inert polycarbonate filter at the air-liquid interface with the chemically defined medium [35], and they were used in the tissue corrosion and irritation tests as so as in the tissue permeation studies [34,36].

In the present study we report results of our experiments with four widely used cytotoxic drugs (cisplatin, cyclo-

phosphamide, doxorubicin and 5-fluorouracil) that focused on the permeation through two types of reconstructed human tissues: reconstructed human epidermis (RHE) and human oral epithelium (HOE). Besides the primary characterization of cytotoxicity using human HaCaT keratinocytes, we have characterized the permeation kinetics up to 6 hours at three different concentrations selected with respect to the drug concentrations prepared and used in therapeutic regimens. Our study brings new insights into the toxicokinetics of the cytotoxic drugs and the results may further be used in modelling of the internal exposure doses, which is the critical step for the comprehensive risk assessment of hazardous drugs.

Materials and Methods

Chemicals. Experiments were performed with the brand name drugs provided by the local hospital pharmacy, characterization of the drug preparations is presented in Tab. 1. General reagents used for the chromatography were of analytical grade. Acetonitrile of the ULC-MS grade was used (Biosolve B.V., Valkenswaard, Netherlands). Ultrapure water was obtained from the Milli-Q system (Millipore, Bedford, Mass., USA). Phosphoric acid and potassium phosphate monobasic were of HPLC grade and were purchased from Sigma-Aldrich. Denatured ethanol with hematoxylin and eosin for histological ana-

Tab 1. Characterization of the cytotoxic drugs used in the present study.

Pharmaceutical (Brand name)	Manufacturer	Composition	Concentrations used in the permeation study [mg.ml ⁻¹] ^a
cisplatin	Ebewe Pharma (Unterach, Austria)	cisplatin (0.5 mg/ml) sodium chloride water for injection hydrochlorid acid	0.5 (C ₁) 0.025 (C ₂) 0.005 (C ₃)
cyclophosphamide (Endoxan)	Baxter Oncology (Halle, Germany)	cyclophosphamide (20 mg/ml) sodium chloride water for injection	20 (C ₁) 1 (C ₂) 0.2 (C ₃)
doxorubicin	Ebewe Pharma (Unterach, Austria)	doxorubicin (2 mg/ml) sodium chloride water for injection hydrochlorid acid	2 (C ₁) 0.1 (C ₂) 0.02 (C ₃)
fluorouracil	Teva Pharmaceuticals (Praha, Czech Republic)	5-fluorouracil (50 mg/ml) water for injection sodium hydroxide	50 (C ₁) 2.5 (C ₂) 0.5 (C ₃)

^a C₁–C₃ – abbreviations (concentrations 1–3) used in further result tables.

lyses were purchased from Carl Roth GmbH & Co (Karlsruhe, Germany). Parafin wax was from EMS (Fort Washington, PA, USA).

Cytotoxicity study. Prior to the tissue permeation studies, we investigated cytotoxic effects of individual drugs to the human keratinocyte cell line HaCaT using the neutral red uptake assay as described in [37]. Cells were cultured in Dulbecco's modified Eagle's medium (DMEM) containing 5% fetal calf serum (Mycoplex, PAA, Austria) at 37 °C in a humidified atmosphere of 5% CO₂. For experiments, cells were seeded into the 96-well microplates (10,000 cells per well), incubated overnight and then exposed in three replicates to the dilutions of tested drugs for 3, 6 and 24 h. Neutral red (0.5 mg/mL culture media) was then added to each well and the microplate was incubated for 1 h. Medium was removed and cells lysed with 1% acetic acid in 50% ethanol and absorbance at 570 nm was measured (only viable cells accumulated neutral red).

Tissue models. RHE and HOE were provided by SkinEthic Laboratories (Nice, France). Upon receipt of the tissues (grown in the 24 well plate format), culture inserts were removed from the nutrient gel and transferred under aseptic conditions into a new sterile 24 well

plate (Corning Inc., Corning, N.Y., USA) containing 1.5 ml of a maintenance medium provided by the manufacturer [38]. Tissues were then incubated at 37 °C in a humidified atmosphere of 5% CO₂. After 48 h, the maintenance medium at the bottom of the reconstituted tissues was replaced by an assay (receptor) medium (phosphate buffered saline, PBS, 1.4 ml, pH 7.3) and the permeation tests were conducted.

Permeation studies. Drugs were applied in the form of the original solution as used during drug preparation and in two lower concentrations (20-fold and 100-fold diluted solutions prepared in the PBS; for actual concentrations see Tab. 1). In order to ensure stable experimental conditions, the drugs were applied in infinite doses (100 µl per 0.33 cm² of tissue surface) and the experiments were performed at 37 °C in a humidified atmosphere of 5% CO₂. At selected time points (15, 30, 60, 120, 240, 360 min) aliquots (100 µl) of the receptor medium were collected and analyzed for the studied compounds by the ultra-performance liquid chromatography (UPLC) or atomic absorption spectrometry (AAS).

Chemical analyses. Determination of 5-fluorouracil, cyclophosphamide and doxorubicin was performed using Acquity UPLC system (Waters, Milford, MA)

equipped with photodiode array detector and C₁₈-reverse-phase column (BEH C18, 1.7 µm, 2.1 × 50 mm). Separation of each analyte was realised isocratically with mobile phase consisted of 7 mM phosphate buffer (pH = 4) and acetonitrile. The column temperature was 40 °C and the injection volume was 10 µl. Compounds were identified according to their retention time and quantifications were based on external standard calibrations. Chromatographic conditions for each analyte (mobile phase composition, flow rate, wavelength and analytical detection limits) are shown in Tab. 2. The limits of detection (LOD) and quantification (LOQ) were determined as the three-fold and ten-fold standard deviation, respectively, of the concentrations measured in blanks of diluted receptor medium (PBS). Cisplatin was determined by electrothermal atomic absorption spectrometry (Perkin-Elmer 3030/HGA 500) at 265.9 nm (bandwidth 0.7 nm). Prior to analyses, samples were diluted 1:4 (v/v) with MilliQ water. Samples (25 µl) were injected in pyrolytic graphite furnace. The LOD for analysis of cisplatin was 0.015 µg.ml⁻¹.

Histology. Reconstructed tissues (oral epithelium and skin epidermis) were histologically investigated in all experimental treatments. The samples were fixed

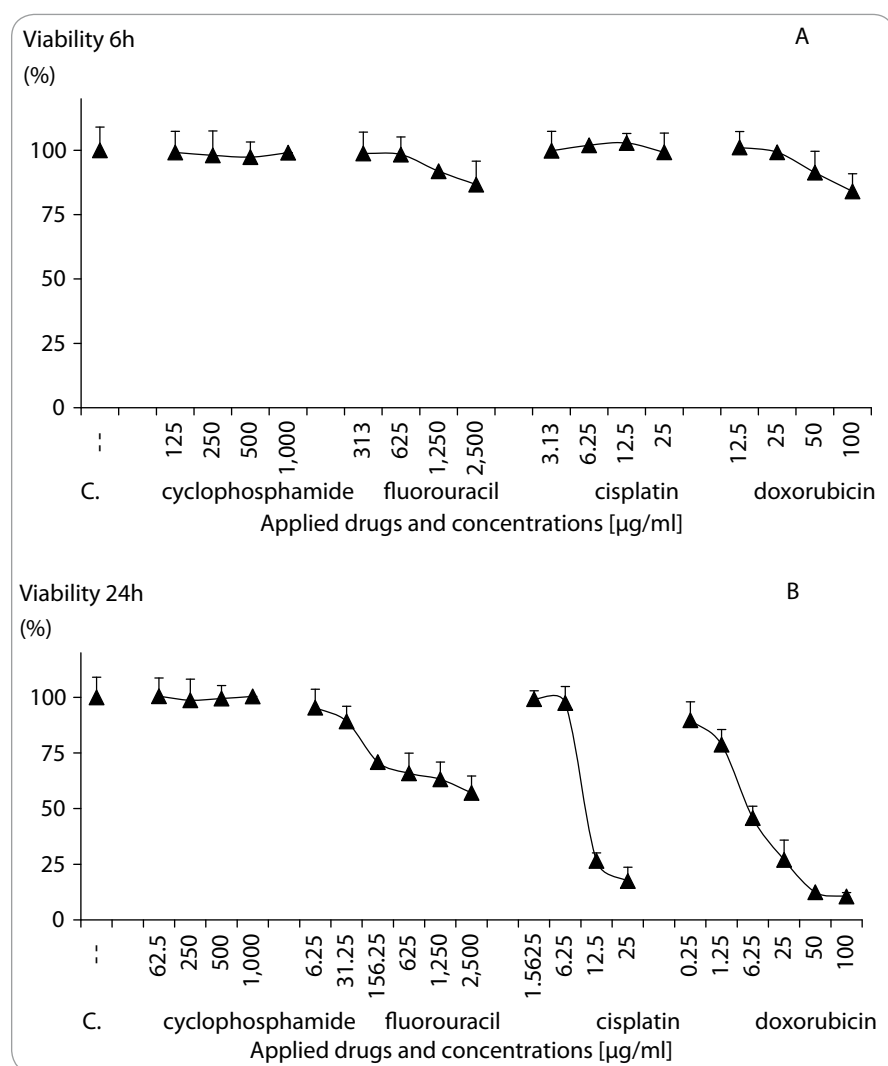


Fig. 1. Cytotoxic effects of studied drugs to HaCaT cell line after 6h (A) and 24h (B) exposures.

in 2.5% glutardialdehyde dissolved in 0.1 M cacodylate buffer (pH 7.2). After wash, the samples were dehydrated in a graded series of ethanol (solutions of 70% – 80% – 90% and 96% ethanol) and embedded in paraffin wax. The sections

of 4-micrometer thickness were cut with rotary microtome HM 360 (Zeiss, Germany). The sections were stained with haematoxylin and eosin following the staining protocol described in [39]. The histopathological changes were exami-

ned under the light microscope (Zeiss, Axioscope 2, Oberkochen, Germany) and evaluated (the thickness of proliferating layer, the occurrence of lysed and necrotic cells or disintegrated nuclei).

Data analyses. Repeated sampling of the receptor medium during the experiment resulted in the decrease of analyte mass permeated to the receiver well. Therefore, the values derived from the UPLC or AAS were corrected using the equation $M_t(n) = V_r C_n + V_s \sum C_m$ [40], where $M_t(n)$ is the current cumulative mass of the drug transported across the tissue at the time t , C_n represents the current concentration in the receiver medium and $\sum C_m$ denotes the summed total of the previous measured concentrations [$m = 1$ to $(n-1)$]; V_r is the volume of the receptor medium and V_s corresponds to the volume of the sample removed for analysis. After the data correction, the amounts permeated were plotted as a function of time and the maximal permeation rates J_{\max} ($\mu\text{g} \cdot \text{cm}^{-2} \cdot \text{h}^{-1}$) were determined from Fick's law of diffusion: $J_{\max} = dQ_t / A dt$, where J_{\max} is diffusive flux calculated from the slope of the steepest part of permeation plott, dQ_t is the change in quantity of the drug passing through the tissue, A is the surface area and dt is the change in time. The permeability coefficients were calculated according to [41]: $P = J / C_i$, where J is a flux calculated from the linear portion of the profile and C_i is the concentration of drug in the donor solution. Due to technical limitations, permeation experiments were performed in two replicates. The results of both individual treatments are presented to demonstrate variability. For cytotoxicity studies with HaCaT cells, three replicate experiments were con-

Tab 2. Analytical conditions for cytotoxic drugs analyzed by UPLC.

Compound	Mobile phase	Flow rate [ml.min ⁻¹]	RT [min]	Wavelength [nm]	Detection limit [μg.ml ⁻¹]
cyclophosphamide	phosphate buffer/ AcN (78:22)	0.5	1.1	195	0.2
doxorubicin	phosphate bufer/ AcN (76:24)	0.5	1.1	233	0.03
fluorouracil	phosphate buffer	0.25	2.7	265	0.08

AcN = acetonitrile

ducted and the results are expressed as mean \pm standard error.

Results

Prior to the tissue permeation studies, we investigated cytotoxic effects of the studied compounds towards the human HaCaT keratinocyte cell line *in vitro*. No toxic effects were observed within the first 3h (data not shown). Decrease in cell viability was observed at the highest tested concentrations of doxorubicin and fluorouracil after 6 hours (Fig. 1A). More pronounced dose-dependent effects were observed after 24h (Fig. 1B) for most compounds with the exception of cyclophosphamide, which is activated by biotransformation enzymes. Based on the 6h experiments, which are close to the real exposure scenarios, three application concentrations (Tab. 1) were selected for detailed permeation studies.

Three compounds (cyclophosphamide, cisplatin and fluorouracil) showed relatively high tissue permeation while the permeation by doxorubicin was rarely observed. Calculated permeation rates and permeability coefficients are in Tab. 3. The cumulative amounts of studied agents, which permeated through the studied tissues are presented in Fig. 2A (RHE) and Fig. 2B (HOE).

Although preliminary *in vitro* studies with HaCaT cells showed minor toxic effects, histology investigations (Fig. 4) revealed that higher doses of selected

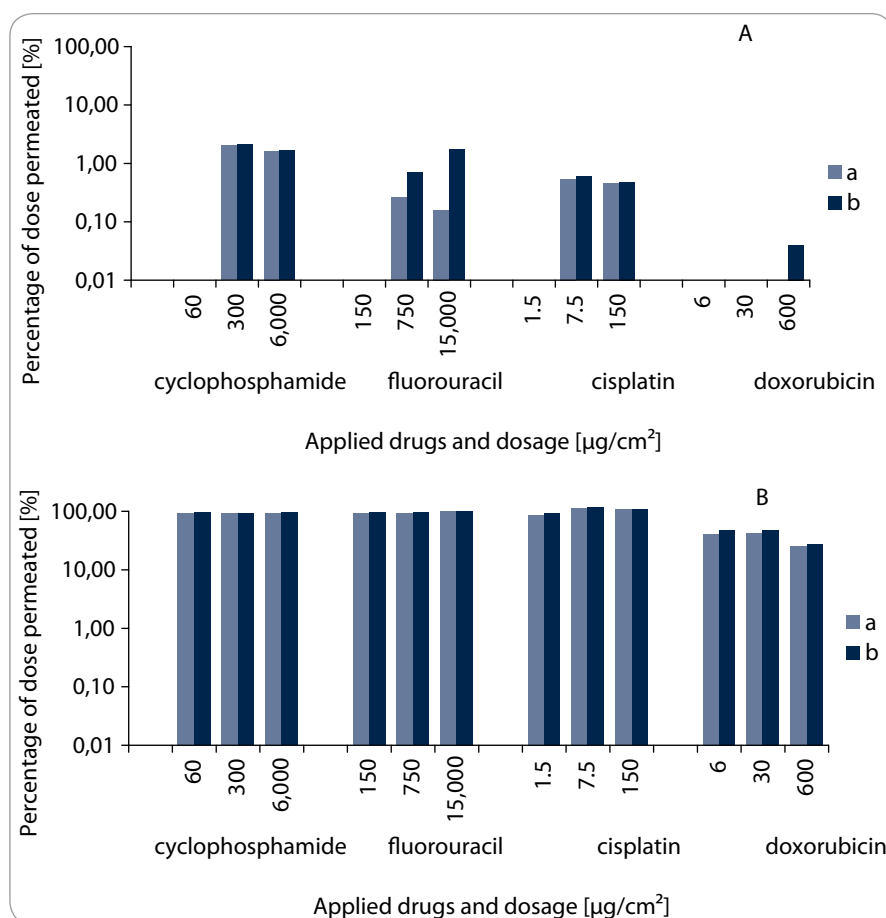


Fig 2. Permeation of antineoplastic drugs through reconstituted human epidermis (panel A) and oral epithelium (panel B). Presented are percentage [%] of the application dose determined in the receptor solution after 6 hours of the test duration (a,b – results of the two replicated experiments).

drugs (cyclophosphamide, fluorouracil and doxorubicin) caused cytotoxicity

in the studied tissues. Cisplatin (used in lower doses in comparison with other

Tab 3. Maximum experimental permeation rates J_{\max} and permeability coefficients P of the studied drugs observed at three different concentrations (C_1 – C_3 ; for actual concentrations see Tab 1). Values observed in two replicated variants are presented.

	J_{\max} [$\mu\text{g}\cdot\text{cm}^{-2}\cdot\text{h}^{-1}$]			$P \times 10^3$ [$\text{cm}\cdot\text{h}^{-1}$]		
	C_1	C_2	C_3	C_1	C_2	C_3
Reconstructed human epidermis						
cyclophosphamide	n.a. ^a	2/2	24/30	n.d. ^b	1.44/1.48	1.19/1.22
fluorouracil	n.a. ^a	0.8/1.4	10/69	n.d. ^b	0.31/0.57	0.20/0.94
cisplatin	0.01/0.3	0.02/0.02	0.2/0.2	n.d. ^b	n.d. ^b	0.26/0.27
doxorubicin	n.a. ^a	n.a. ^a	0.1/n.a. ^a	n.d. ^b	n.d. ^b	0.03/n.d. ^b
Human oral epithelium						
cyclophosphamide	18/19	96/105	2,093/2,217	84/92	80/83	91/91
fluorouracil	67/79	366/753	8,799/9,111	89/104	93/n.d. ^b	176/182
cisplatin	0.7/0.8	5/5	95/97	98/109	162/175	148/149
doxorubicin	0.6/0.9	2.7/3.2	30/43	20/24	21/23	13/14

n.a.^a – not available, permeated amount under limit of detection

n.d.^b – not defined, linear portion of permeation curve did not recognised

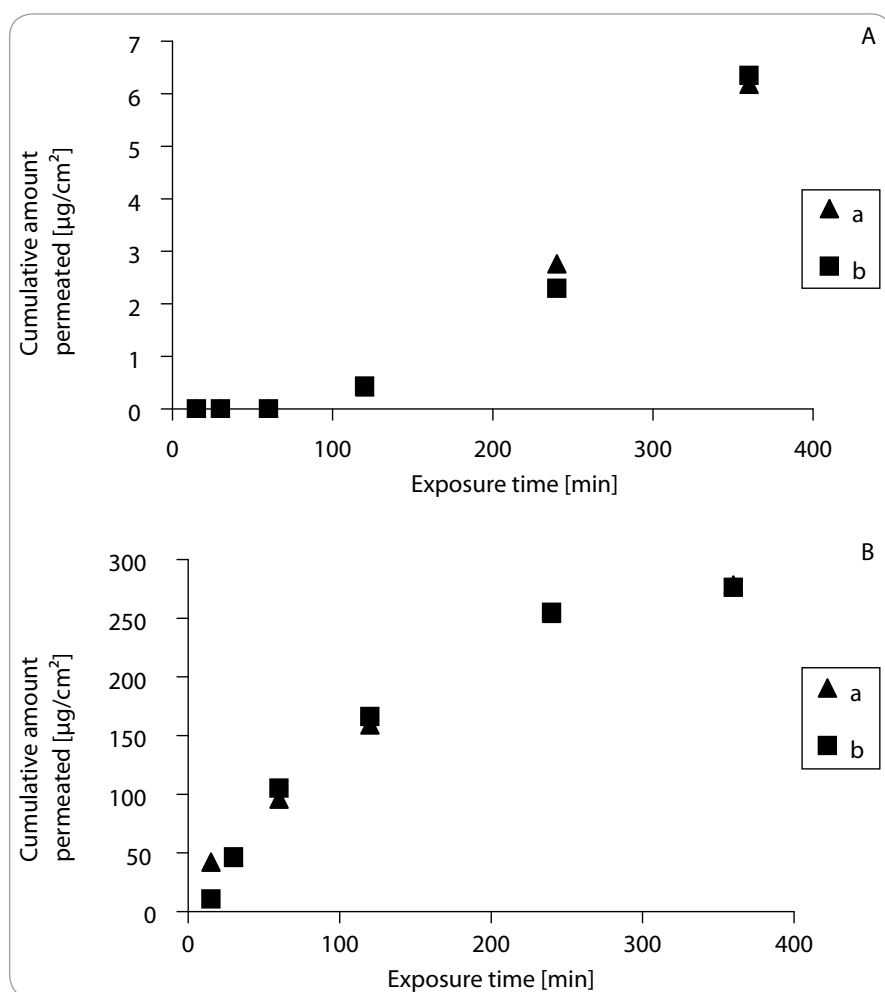


Fig. 3. Kinetics (15 min – 6 h) of the permeation of cyclophosphamide dosed at 300 µg/cm² (variant C₂) through reconstructed human epidermis (A) and oral epithelium (B). Results of both replicated variants (a,b) are presented.

agents) had generally lower cytotoxic effects.

Kinetics of the permeation depended on the tissue type. RHE model revealed short lag times after which the low linear increase of drug concentration in the receptor fluid was observed (see Fig. 3A). In contrast, no lag times were observed at HOE model. Instead, high permeation rates were seen during the first three hours followed by the period of successive decrease in permeation rate related to the decrease in the drug depot in the donor medium (see Fig. 3B).

Discussion

Historically, dermal uptake was not considered an important exposure route to chemicals but some compounds were lately shown to overcome the skin bar-

rier fast and in great amounts [42]. With the exception of few model compounds, there is only little information on the percutaneous absorption of hazardous chemicals including the antineoplastic cytotoxic drugs.

According to calculated permeation coefficient, RHE was most permeable by cyclophosphamide ($P_{\max} = 1.2 \times 10^{-3} \text{ cm.h}^{-1}$) followed by fluorouracil ($P_{\max} = 0.9 \times 10^{-3} \text{ cm.h}^{-1}$). Considering the highest doses applied, which simulated concentrations handled by pharmacy staff during the drug preparation, permeation rates reached up to 30 and 69 µg.cm⁻².h⁻¹ at cyclophosphamide and fluorouracil respectively (Tab. 3). Unfortunately, recording the equivalent permeation at the lowest doses was under the analytical detection limits.

Permeation of cyclophosphamide and fluorouracil through RHE might be related to apparent epidermis cytotoxic damage observed at these experiments (see Fig. 4B; melted or corroded stratum corneum and other effects observed in lower layers of epidermis such as smaller amounts of hypertrophic cells or cells with degenerate nucleus or thickened stratum spinosum layer). Interestingly, relatively high tissue permeation showed also cisplatin ($P_{\max} = 0.3 \times 10^{-3} \text{ cm.h}^{-1}$), which was applied in lower doses (Tab. 2) inducing no pathological changes on RHE.

Although the epidermis permeation by doxorubicin was observed sporadically (Fig. 2A), histology showed cytotoxic effects towards epidermal layers including deformations of the cell shape, cell lyses and broader tissue damage (individual layers of the epithelium including stratum corneum appeared thinner compared to the non-exposed control tissue, Fig. 4C). These deformations might possibly create a barrier, which limited doxorubicin skin permeation. Limited permeation of doxorubicin can be also related to its relatively high molecular weight (MW = 544). Skin absorption of substances with MW > 500 was repeatedly discussed [43,44].

In comparison with the epidermis, much higher transfer was observed in the experiments with oral epithelium, which was readily permeable for cisplatin, cyclophosphamide and fluorouracil ($P > 90 \times 10^{-3} \text{ cm.h}^{-1}$). Regardless of the initial concentration, almost 100% of the applied dose permeated the tissue (Fig. 2B). Actually, the permeation was so high that the results can be underestimated due to the significantly decreasing concentration of the drugs in the donor medium. Although *in vitro* experiments with HaCaT cells indicated minor toxic effects, reconstructed oral epithelium was significantly lysed after higher exposure doses of cyclophosphamide and fluorouracil (Fig. 4E). Approximately 20–40% of the doxorubicin doses permeated through HOE and cell nuclei lyses and tissue necroses were observed (similarly to the skin epidermis, Fig. 4F).

To our best knowledge, our investigations provide some of the first expe-

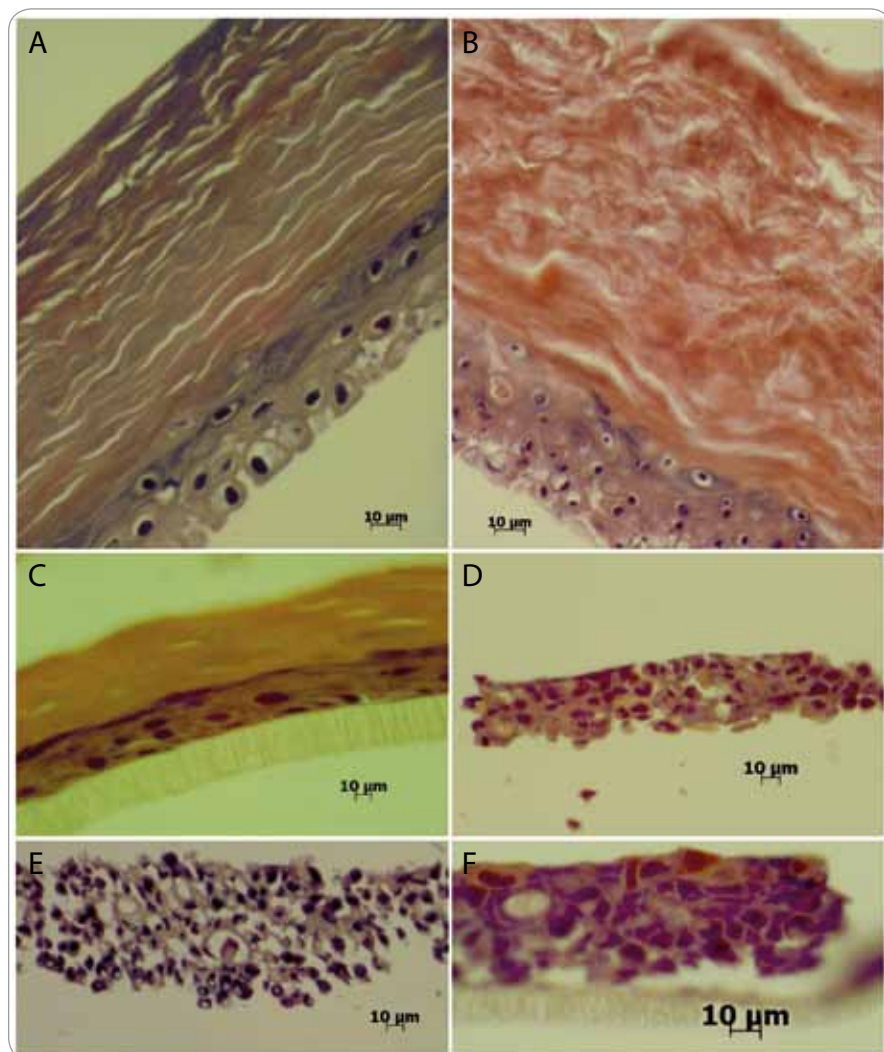


Fig. 4. Histology of the reconstructed human epidermis (A–C) and oral epithelium (D–F) after the permeation study.

A – control epidermis; **B** – epidermis after exposures to higher doses of cyclophosphamide and fluorouracil (apparently melted or corroded stratum corneum); **C** – deformed skin epidermal layers and cell lyses after exposures to doxorubicin; **D** – control oral epithelium; **E** – lysed oral tissue after exposures to cyclophosphamide and fluorouracil; **F** – oral epithelia damaged by doxorubicin.

rimental results on the cytotoxic drug permeability through reconstructed human epidermis and oral epithelium. We have shown that all studied anti-neoplastic drugs can pass fast through oral epithelium. Also the permeation through skin epidermis can not be ruled out, although the stratum corneum provides efficient protection and makes the permeation slower. Permeability coefficients of polar drugs with low molecular weight are close to or exceed $1 \times 10^{-3} \text{ cm.h}^{-1}$ and they can be recognised as compounds with significant skin

penetration [44]. We are aware that two replicates investigated in the present study could not provide statistically fully robust results. In spite of the technical limitations, our study demonstrated very good concordance between both replicated treatments, and the results may further be used for example for exposure modelling using pharmacokinetic models [45].

Previous study demonstrated dermal uptake of cyclophosphamide after examination of urine in volunteers, to whom the drug solutions was applied topically

[46]. Another study performed with experimental animals compared cumulative excretion of non-metabolized cyclophosphamide following various routes of administration including intratracheal, dermal, oral and intravenous [32]. In that study, cumulative excretion of cyclophosphamide reached 3–7% of the applied dose after 96 hours, regardless of the application form [32]. The observation, that excretion rate after dermal administration did not vary substantially from oral or intravenous administration, predicts that compounds with permeability coefficients around $1 \times 10^{-3} \text{ cm.h}^{-1}$ can be absorbed up to 100% of the administered dose.

Comparison with the literature is possible also for fluorouracil, which topical administration has been studied in relation to the treatment of psoriasis, actinic keratosis and premalignant and/or malignant conditions of the skin [47]. Previously reported permeability coefficients for fluorouracil varied from 10^{-5} to $10^{-4} \text{ cm.h}^{-1}$ [47–50]. Tissue permeability measured in our study ($P_{\text{max}} = 9.4 \times 10^{-4} \text{ cm.h}^{-1}$) is particularly well comparable with the permeability of full-thickness rat skin ($P = 6.7 \times 10^{-4} \text{ cm.h}^{-1}$) observed by López et al (1996). Based on this agreement we consider the RHE models to be a suitable and appropriate system for percutaneous permeation testing bringing result comparable to other commonly used experimental systems.

Conclusions

In the present study, all evaluated anti-neoplastic drugs were able to permeate through HOE and RHE but the efficiency of the barrier function of the two tissues varied. Stratum corneum at the epidermis was confirmed a major barrier for permeation. The permeation through thin and hydrated epithelium was relatively easy and fast (up to 100% of the applied dose for hydrophilic drugs during the first 6 hours), while the permeation through more differentiated skin epidermis was much slower. Two of the most frequently used drugs, i.e. cyclophosphamide and fluorouracil penetrated most efficiently, which indicates higher risk of occupational exposure to these

compounds. Working conditions in hospital pharmacies with centralized preparation of cytotoxic drugs are usually controlled and workers are well protected. However, there are many hospitals without centralized preparation, where the drugs are prepared by nurses in non-controlled working environment, which may pose higher risk of self-contamination. In addition, nurses and custodians may also be exposed through handling of bed sheets, excrements or vomits of treated patients. Our study brings new insights into the toxicokinetics of widely used antineoplastic agents, and the results may further serve for exposure modelling and critical risk assessment of these hazardous drugs.

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