

Flow Cytometry in Monoclonal Gammopathies

Průtoková cytometrie u monoklonálních gamapatií

Kovářová L.^{1,2}, Varmužová T.^{1,2}, Zarbochová P.³, Suská R.¹, Muthu Raja K.R.^{2,4}, Štossová J.², Penka M.⁴, Hájek R.^{1,2,5}

¹ Laboratory of Experimental Hematology and Cell Immunotherapy, Department of Clinical Hematology, University Hospital Brno, Czech Republic

² Babak Myeloma Group, Department of Pathological Physiology, Faculty of Medicine, Masaryk University, Brno, Czech Republic

³ Institute of Experimental Biology, Faculty of Science, Masaryk University, Brno, Czech Republic

⁴ Department of Clinical Hematology, University Hospital Brno, Czech Republic

⁵ Department of Internal Medicine – Hematooncology, University Hospital Brno, Czech Republic

Summary

The technological development of flow cytometry (FC) together with new findings reveal the need for immunophenotyping in research of monoclonal gammopathy (MG) because of its diagnostic, prognostic and predictive significance. The aim of the European Myeloma Network (EMN) is to standardize this analytical method and implement it into routine clinical examination. Since the overall significance and application of FC are still analysed, standardisation could help obtain more clinical relevant information in terms of MG pathophysiology.

Key words

multiple myeloma – monoclonal gammopathy – flow cytometry – plasma cell

Souhrn

Technologický rozvoj průtokové cytometrie (flow cytometry, FC) spolu s nejnovějšími poznatky z oblasti imunofenotypizace monoklonálních gamapatií (MG) odhalil nezbytnost tohoto vyšetření zejména pro jeho diagnostický, prognostický a prediktivní význam. Cílem Evropské myelomové sítě (European Myeloma Network, EMN) je standardizovat tuto analytickou metodu a zařadit ji mezi rutinní klinická vyšetření. Jelikož celkový význam a možné aplikace FC jsou stále analyzovány, je zřejmé, že standardizace může napomoci zisku relevantních klinických výstupů z oblasti patofyziologie MG.

Klíčová slova

mnohočetný myelom – monoklonální gamapatie – průtoková cytometrie – plazmatická buňka

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Mgr. Lucie Kovářová, Ph.D.

Department of Clinical Hematology
University Hospital Brno
Jihlavská 20
625 00 Brno
Czech Republic
e-mail: lkovarova@fnbrno.cz

Background

Multiparametric FC is applied in the diagnostics of many hematologic malignancies; however, in MG research, it was performed rather complementarily. One of the reasons why immunophenotyping is still not done as part of routine diagnostics is the fact that it underestimates the number of plasma cells (PCs), when compared to routine morphological evaluation. However, the sensitivity of flow cytometry is similar to the light microscopy – results obtained using both approaches correlate and % of PC provided by FC is also an independent prognostic factor affecting the overall survival of patients [1]. FC provides detailed analysis of leukocyte subpopulations and is able to discriminate PC subtypes, even if they are present in very low numbers, what is useful in differential diagnostics and in the identification of high-risk asymptomatic MGs [2,3]. Multiparametric flow cytometry is also used to confirm stringent complete remission (sCR) as defined by The International Myeloma Working Group [4]. Determination of PC immunophenotype has prognostic significance and can help find new therapeutic targets as well [3,5]. Development of flow cytometry, including powerful instruments with possibility to analyse many fluorochromes, availability of new dyes and antibodies, together with accessible specific software for complex phenotype analysis, require reviewing current settings in MG analyses. This review is focused on methodology and using FC in clinical and research laboratories.

Standardization of Flow Cytometry

FC is able to analyse many parameters of a large number of cells, and it is necessary to be consistent in providing analyses and reporting results. Incorporation of FC into routine analysis should be associated with standardization and validation of this method [6]. Two flow cytometric workshops were organized by the EMN for standardization of immunophenotyping in MGs; these workshops were followed by publication summarizing the findings and recommendations for PC analysis [7]. The third workshop

was focused on the possibility of monitoring minimal residual disease (MRD), and technological advances in the field of FC were discussed as well. Higher sensitivity and more possibilities with multicolour flow cytometry will lead to defining of new recommendations in the future which are going to be associated with the development of a uniform protocol for the analysis of biological material using the Euroflow group settings. The Czech Myeloma Group began the standardization process in 2009; currently, there are more than 12 laboratories in the Czech Republic working on the unification of flow cytometry analysis in correlation with European standards [8,9].

Identification and Phenotype of PCs – Recommendation for Basic Analysis

Most PCs are available in the bone marrow (BM), but there are also circulating plasma cells/plasmablasts in peripheral blood (PB). The identification of PCs is based on expression of two markers – CD38 and CD138. CD38 is not a specific marker, but its bright expression could help to discriminate PCs from other leukocytes in PB and/or BM. It is known that expression of CD138 is influenced by age of the sample and can be reduced over time by shedding of CD138 into plasma; however, this is the specific marker of PCs. Only very few BM samples show absent or low expression of CD138, although its expression in PB is lower or missing when compared to BM [3,10,11].

Acquisition of sufficient amount of CD38⁺CD138⁺ PCs (minimum of 100 neoplastic PCs) in the whole BM is crucial, so the first portion of bone marrow aspirate is essential for analysis to avoid hemodilution of sample with PB [3,7]. The major advantage of FC when compared to other methods is the possibility to discriminate between normal polyclonal (N-PCs) and abnormal clonal (A-PCs) PCs. Although clonal cells could express CD38 and CD138 with lower intensity than normal PC and CD45 is mostly not expressed on these aberrant PCs, precise discrimination is possible only when other markers are analysed [12]. Many studies confirmed that clonal PCs have different phenotype characterized by underexpression and/or lack of CD19, CD27, CD38 and CD45; on the other hand, these clonal PCs should overexpress CD20, CD28, CD33, CD56 and CD117; benefit of other markers, such as CD81 and CD200 is still discussed [5,13]. Minimum of 4 markers is recommended for basic PC analysis so that expression of CD38/CD138/CD19/CD56 should be analyzed in every MG case to identify CD38⁺CD138⁺ PCs and to discriminate N-PCs (CD19⁺CD56⁻) and A-PCs (CD19⁺CD56⁺, CD19⁻CD56⁺, CD19⁻CD56⁻) [7,14].

Routine Setting in MG Analysis

Basic clinical applications of FC are a) differential diagnostics of multiple myeloma (MM) and other plasma cell-related disorders [15–20]; b) determination

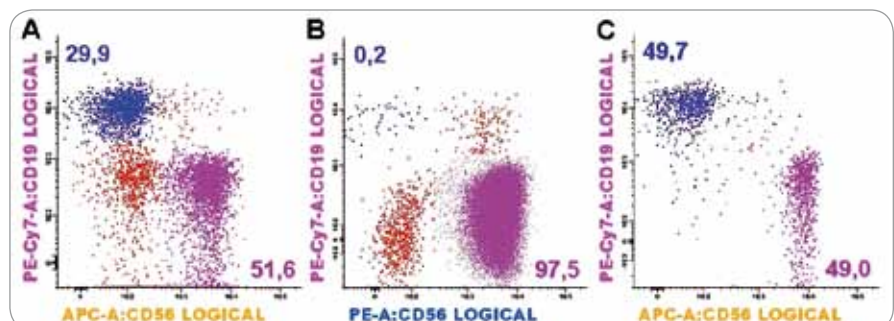


Fig. 1. Detection of normal and aberrant PCs. Different subpopulations of CD38⁺CD138⁺ PCs according to CD19 and CD56 expression are visualised in MGUS case (A), newly diagnosed MM case (B), and MM case after treatment (C). Percentage of CD19⁺CD56⁻ (blue dots) and CD19⁺CD56⁺ (purple dots) are showed. Analyses made by flow cytometry FACS-Cantoll using acquisition software Diva 6.0 (Becton Dickinson) and analysis software Infinicyt (Cytognos).

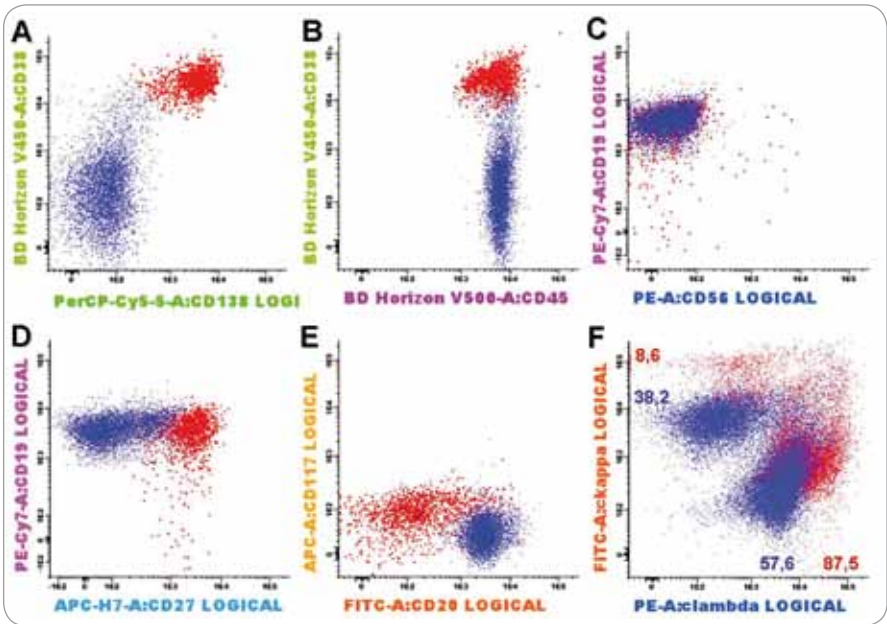


Fig. 2. Analysis of CD19+ cells in bone marrow. CD19+ B cells (blue dots) and/or PCs (red dots) were identified according to expression of CD19, CD38 and CD138 in whole bone marrow (A). Phenotype profile match normal PCs (CD19+CD45+CD56+D27+CD117-CD20-), but slightly higher number of PC (1.5% of leukocytes) was the reason for clonality analysis. Predominance of clonal lambda+ PCs in comparison with normal B cells is evident (F). Analyses made by flow cytometr FACSCantoll using acquisition software Diva 6.0 (Becton Dickinson) and analysis software Infinicyt (Cytognos).

of the risk of progression of monoclonal gammopathy of undetermined significance (MGUS) or asymptomatic MM to symptomatic form [2,9,17]; and c) the detection of MRD after treatment [4,21–23]. For these applications, particular discrimination, enumeration and characterization of myelomatous PCs in context of whole PC population are essential [3,7,24,25]. Every clinical laboratory should be able to perform basic analysis using 4 markers (CD38/CD138/CD19/CD56) by one-laser flow cytometer (Fig. 1). However, there could be

some uncertainty about PC clonality, so using not only the essential markers CD19 and CD56, but also CD20, CD27, CD28, CD45 and CD117 is recommended for aberrant PC detection [7]. As CD27 is expressed by both normal and clonal PCs, higher expression of CD27 is specific for N-PCs, while lower intensity and/or lack of expression CD27 is typical for A-PC [26]. Unfortunately, there is no clear evidence which subpopulations are really polyclonal and/or clonal in selected cases, so cytoplasmic expression of kappa and lambda immunoglobulin

light chains should be used for verification of PC normality using minimum of 6-colours (Fig. 2).

Advanced PC Analysis in MGs

Polychromatic assays performed by two- and/or three-laser flow cytometer (6- and/or 8-colour analyses) should provide complex information about PC immunophenotype, what could be useful not only in clinical, but also in research approach. The significance of some surface and/or cytoplasmic markers is known, while others are still analysed for their prognostic/predictive significance or for use in the detection of MRD and/or as a potential therapeutic target etc. (Tab. 1) [5,7,27–31].

Using polychromatic 8-colour FC saves sample volume – with same volume for one tube (60–120 µl per tube depending on cellularity and PCs content), twice as many markers could be analysed than before with 4-colour FC. Polychromatic FC is important when low volume of bone marrow is available (problem with aspiration of bone marrow etc.) or other low volume liquid sample (cerebrospinal fluid etc.) has to be analysed, so using 8 markers in one tube allows both detection of leukocyte subpopulations and PC characterisation. In addition to continual acquisition of a large number of cells (a huge listmode), two-step acquisition process could be used. First, several thousand cells are analysed, and then, using a gate, a defined population of PCs is acquired for further analyses [3,17]. Co-expression of different markers may be found by merge of different tubes using so-called backbone markers (markers

Tab 1. Possible combinations of surface and intracellular antigens for PC identification and detailed phenotype analysis in bone marrow and/or peripheral blood.

Tube	BD Horizon V450	BD Horizon V500	FITC	PE	PerCP-Cy5.5/ PerCP	PC7	APC	APC-H7
1	CD38	CD45	CD20	CD56	CD138	CD19	CD117	CD27
2	CD38	CD45	CD33	FGFR3	CD138	CD19	CD28	CD27
3	CD38	CD45	CD54	CD40	CD138	CD19	CD56	CD44
4	CD38	CD45	slgD	CD24	CD138/CD20	CD19	slgM	CD27
5	CD38	CD45	ckappa	clambda	CD138	CD19	CD56	CD27
6	CD38	CD45	CD20	CD56	CD138	CD19	cnestin	CD27

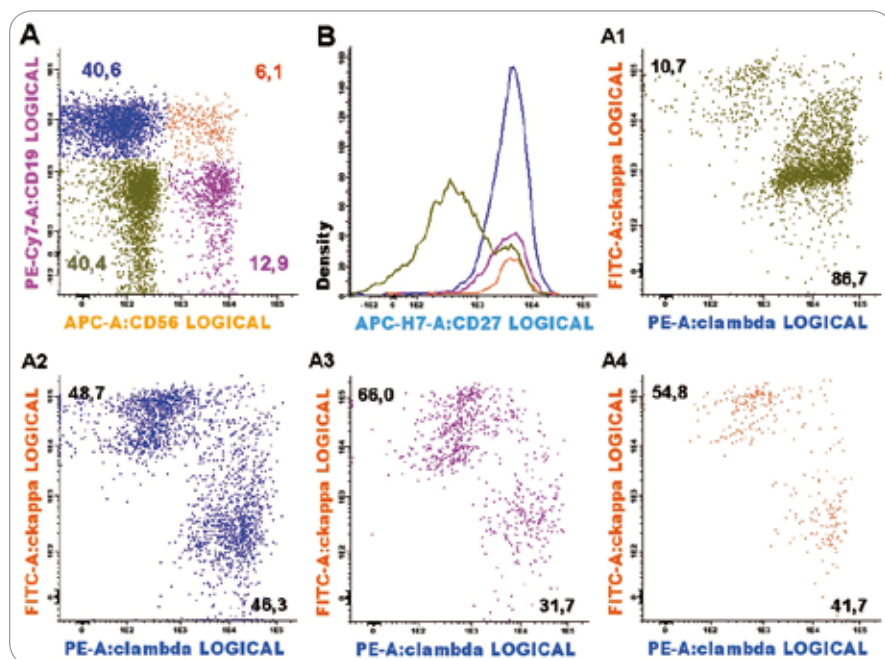


Fig. 3. Assessment of PC clonality. Different subpopulations of CD38⁺CD138⁺ PCs according to CD19, CD56 and CD27 expression are visualised in AL amyloidosis sample (A, B). Majority of clonal clambda⁺ PCs is presented in CD19⁺CD56⁺ region and these clonal PCs also lack CD27. Remaining regions seems to be polyclonal with high expression of CD27. Analyses made by flow cytometry FACSCantoII using acquisition software Diva 6.0 (Becton Dickinson) and analysis software Infinicyt (Cytognos).

which are present in all analysed tubes) through special software. This approach increases number of PCs as well; for example, from 3 tubes which individually contain 50 PCs there is possibility to obtain one file with 150 PCs using data merging. Thus, polychromatic assays are helpful in determination of the complexity of PC phenotype in routine and also in research analyses.

Assessment of PCs clonality seems to be very important for differential diagnostics in unusual MG samples, for exclusion of non-MG samples and especially for sCR confirmation in MRD analysis. However, detection of clonal cells based only on CD19/CD56 expression is mostly insufficient in these cases (Fig. 3). On the other hand, in typical MM cases, majority of PCs are clonal in the bone marrow, so analysis of PC clonality is not required. Minimum of 6 markers should be used, CD38 and CD138 for PC identification, CD19 and CD56 for detection of different PC subpopulation and cytoplasmic kappa and lambda light chains for detection of real clonal PCs [32]. Other markers useful in clonality analy-

sis are CD45 and CD27, which could better identify polyclonal PCs, thus 8-colour FC is more accurate.

There is association between the phenotypic profile and cytogenetic abnormalities [5], although the role of FC is only informative. However, FC analysis of FGFR3 expression is an available method for the detection and management of new therapeutic approaches for t(4;14) positive MM with poor prognosis [33]. Recently, a study was also published on progression from MGUS to SMM and eventually to MM, involving a clonal expansion of genetically abnormal PC [34].

Specific part of research analyses is BM microenvironment, as its interactions could play a key role in the proliferation, survival and drug resistance of clonal PCs [35,36]. Lack, decreased and/or increased expression of adhesive markers (CD44, CD54 etc.) and chemokine receptors may result in migration of PCs to PB or other tissues; expression of other markers supports survival and proliferation of PCs, so adhesive system of MGs is an attractive potential therapeutic target [37,38].

As PCs differentiate from B cells, analysis of B-cell subsets can help to better understand pathophysiology of PC-related disorders, as well as putative MM initiating cells can circulate through PB and/or BM as less and/or more mature forms of B cells [39]. MM initiating cells hypothesis could explain incurability of MM, since they are relatively resistant to anticancer agents and have potential to self-renewal; so looking for them is still a challenge for research. [40]. Recently, a study was published on the expression of nestin in mature PCs. Nestin is a characteristic marker of multipotent proliferative precursors, what could be important for identification of MM initiating cells, but clinical consequence of nestin expression is still unknown [41]. Detailed analysis of CD19⁺ subpopulations (immature, transitional, naïve, activated, memory, isotype switched, plasmablast, plasma cell etc.) helps in diagnostics of unusual cases.

Methodological Pitfalls in Multiple Myeloma Research

Identification of PCs should be done by both CD38 and CD138, while CD45 has informative character with no clear prognostic significance. Separation of mononuclear cells is not recommended for reasons of cell loss; on the other hand, there is no limitation in terms of erythrocyte lysis. PCs are very heterogeneous in their size, and they could be highly autofluorescent, so negative control for staining is a method of choice [42]. Discrimination of PC doublets by comparison of signal pulse height and width or area is necessary as PCs are sticky, especially after fixation for cytoplasmic analyses [43]. The very important process in FC is choosing fluorochromes conjugated with monoclonal antibodies, because of their significantly different staining index [44]. For example, as CD38 is expressed by PCs with high intensity, so using bright phycoerythrin (PE) conjugate for this marker is not recommended, since fluorescence can be out of scale or the sample can be uncompensable etc. Acquisition of sufficient PC number is a prerequisite for successful evaluation in low-infiltrated samples. This is important

mostly in MRD analysis, where a minimum of 3,000 acquired PCs is needed [4]. Although analysis of CD19 and CD56 on CD38⁺CD138⁺ PCs could discriminate majority of normal and abnormal PCs, in some cases more detailed analysis using other markers and/or analysis of cytoplasmic expression of kappa and lambda light chains is necessary. Thus, minimalistic 4-colour PC analysis should be replaced by polychromatic FC in uncertain cases, especially in other PC dyscrasias (MGUS, primary amyloidosis, Waldenström macroglobulinemia etc.), if possible. Clonality assessment should be done also in every case with low PC infiltration and unclear phenotype as increasing sensitivity of methods for monoclonal protein detection could lead to suspicion of MG even in normal cases. Lymphomas with plasmacytic differentiation, where PCs have mostly CD19⁺ phenotype were described; however, they are clonal in lymphoplasmocytic lymphoma and polyclonal in marginal zone lymphoma [45,46]. Verification of clonality is then important for differential diagnostics as some polyclonal PCs should not express CD19, and CD56 could be expressed by polyclonal PC subpopulation as well.

Conclusion

Flow cytometry is a sophisticated method which allows detection and further analysis of plasma cells, especially in polychromatic setting. Its clinical significance, in particular stringent complete response assessment, is unquestionable and this method should be used in both routine analyses of monoclonal gammopathies as well as in research.

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