Oncology in pictures

Complete Response of Classic Kaposi's Sarcoma of the Larynx after Radiotherapy

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Kaposi's sarcoma (KS) is a neoplastic vascular disorder. Most frequently, KS arise in mucocutaneous sites, typically the skin of the lower extremities. Laryngeal involvement is not unusual. Approximately 25 cases of KS of the larynx have been recorded in the literature. Most patients have had AIDS-related KS, although HIV-negative persons with laryngeal KS have also been noted. Classic Kaposi's sarcoma (CKS) is one of the four distinct clinical presentations of KS not related to immunodeficiency. We report a case of CKS of the larynx.

A 77-year-old man consulted with a 4-month history of dyspnea and dysphagia to solids. Nasofibroscopy revealed a globular laryngeal mass. Direct laryngoscopy showed a large globular tumefaction raising from the glottis region and fixing the left vocal cord.

A biopsy of the mass was complicated by acute respiratory failure leading to emergency tracheotomy. Histological examination revealed a double mesenchymal and vascular proliferation pushing the intact lingual surface epithelium. The mesenchymal component was made of fascicular spindle cells and the vascular component, was made of dilated vessels with a thickened and hyalinized wall. Spindle cells have swollen nuclei with some cytonuclear atypia and few mitotic figures (Fig. 1). Immunohistochemical examination showed positive immunoreactivity for CD34 (Fig. 2) and human herpes virus 8 (HHV8) (Fig. 3). CD31 and factor VIII related-antigen were negative. No cutaneous manifestation was depicted and serology showed a positive HHV8 status not associated with



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HIV infection. Body CT didn't show any secondary lesion. The patient was diagnosed with primary classic Kaposi's sarcoma. He was treated with radiotherapy. A cobalt-60 external beam was employed. A daily dose of 1.8 or 2 Gy at the midplane was administered in 5 fr/week. The total radiation dose administered

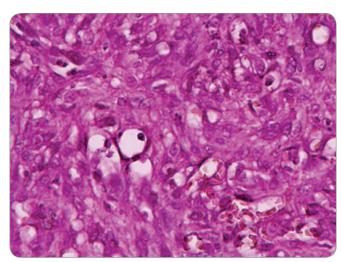


Fig. 1. Spindle cells with swollen nuclei with some cytonuclear atypia and few mitotic figures.

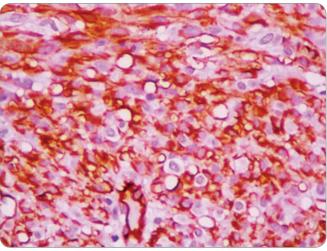


Fig. 2. Positive immunoreactivity for CD34.

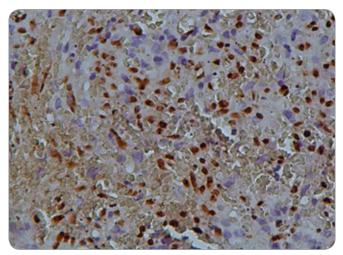


Fig. 3. Positive immunoreactivity for human herpes virus 8.

was 45 Gy over 5 weeks. At the time of finalization of this report, and 36 months post-treatment, the patient was still in complete response.

KS is a vascular lesion of a low grade of malignancy caused by HHV8 infection. It occurs in males in their 6th or 7th decades [1,2]. Four epidemiologic subtypes were identified: Classical type, African endemic KS, iatrogenic KS and AIDS related KS [1]. In 1872, Moritz Kaposi, a physician and dermatologist, described the CKS as a pigmented sarcoma of the skin in elderly European patients with HIV negative status [1]. Before the AIDS epidemic, KS was rarely seen in the head and neck region, especially in the larynx [3,4]. Abramson and Simonsin 1970 reported the largest review in the literature of CKS involving the head and neck. The incidence of laryngeal KS, in this review, was estimated to 17%. All patients with laryngeal KS had extremity skin lesions [5]. The first case report of CKS of larynx was documented in 1983 [6]. The management of KS depends on the extent of lesions and their evolution. Treatment of laryngeal CKS consists on sys-

temic and local therapies. The local therapies as local excision, cryotherapy, radiotherapy and intralesional injections of vinblastine are usually used to reduce symptoms [7,8]. Radiotherapy is frequently used for ear, nose and throat KS with complete remission in about 85% of cases with a fractionated regimen to a total dose of 15-45 Gy. Systemic therapy is used for patients with rapidly progressive and/or wide spread disease [7,9]. The cytotoxic agents that have been used are vincristine, vinblastine, bleomycin, doxorubicin, etoposide, liposomal doxorubicin, liposomal daunorubicin, ABV regimen, as much as immunomodulation therapy with interferon-alpha [9]. Median survival for classic Kaposi sarcoma was 9.35 years [10]. Although CKS is not an aggressive malignancy, follow up is essential for the prevention of new KS lesions or locoregional recurrence.

Classic KS rarely involves larynx. It must be suspected in elderly patients. Early treatment has to be conducted as soon as possible to avoid sudden and or massive airway obstruction. CKS does not impair the quality of life and survival in the short term but aggressive forms may be life-threatening and should be treated urgently.

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